



THE MUMCO

BY MOPS INTERNATIONAL

MumCo Childcare

Information Booklet

Introduction

During our Wednesday morning sessions, we have a team of helpers who will care for your children while our Mums can have some much-needed time out. This is for kids aged from 0 upwards!

This brochure contains information about what to expect and how we can ensure our children's room runs smoothly during our sessions.

The children's room has a myriad of toys and activities for your child to participate in and is primarily unstructured fun.

All our helpers have Working with Children Checks and a heart to care for your child.

What to Bring for your Child

- A piece of fruit to share – place this in the bowl in the foyer upon arrival.
- A drink bottle – ensure your child's name is on it.
- A hat if desired.

Check-in Time

Please check your children in between 9:15 and 9:30 am. The process is as follows:

- Tick off their name on the sign-in sheet in the foyer and pay your \$8 fee.
- Place your piece of fruit in the bowl.
- Enter the children's room and drop off any bags, hats, drink bottles.
- Write your child's name on a sticky label and stick it on their back.
- Leave your child(ren) with the helpers and go and grab a coffee and some morning tea!

Toileting

Please indicate on the registration form and sign-in sheet whether your child is toilet trained.

If your child needs to be taken to the toilet or have their nappy changed, a helper will bring the child to the door of the children's room and ask you to take them to the toilet. A change table is located in the disabled toilet. Please place soiled nappies in the bin indicated.

Morning Tea

We will serve all the children morning tea half-way through our session. First, we will give them cut up fruit, followed by up to 2 biscuits each. These are usually plain sweet biscuits (e.g. milk arrowroot or shortbread).

Please let us know on your registration form & sign-in sheet if you do NOT want your child to eat either of these things, or if your child has any allergies or special dietary requirements.

We prefer that you do not pack alternative snacks for your children. We would like to avoid children helping themselves to snacks from their own bag.

If your child has special requirements, or you would like to provide an alternative for them to eat during morning tea time, please hand it in to the helpers when you check your child in.

However, be mindful that if they have something different that is desirable to the other children, it could cause 'snack envy' and make things more difficult for our helpers!

Nursing mums

You are welcome to breast-feed your child during MumCo! We have a parent room located off the foyer if you would like some privacy.

Unsettled Children

If your child is unsettled, we won't come and get you straight away unless you specifically request this. We will do our best to settle them and come and get you after a time if we are unsuccessful. We ask that you be mindful that our sessions are an opportunity for other Mums to have a break, so if your child is particularly unsettled, we welcome you to utilise the parents' room rather than having them disrupt the peace in the Mums area.

Hats & Outside Play

If you provide a hat for your child, we will endeavour to get them to wear it if they go outside.

Our outdoor area is mostly shaded, but if you are concerned about their sun safety, we recommend you apply sunscreen to them before arriving at MumCo.

Health Policy

If your child is unwell with any contagious illness, we ask that the child be kept home from MumCo:

- Vomiting
- Diarrhoea
- Conjunctivitis
- Head lice
- Chicken Pox
- Green or yellow discharge from the nose, ears or throat
- Persistent cough
- Measles
- School sores
- Hand, foot and mouth disease

Christian Content

Children's activities may include some Christian content e.g. books or music.

Check Out Time

Please check out your child promptly at 11:30am.

- Tick off their name on the sign-up sheet (in the children's room).
- Collect your child and all their personal belongings.
- See you next fortnight!

Questions/Feedback

If you have any questions or would like to submit some feedback, please feel free to contact us.

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